
Take your health to new heights

It's time to take your health assessment





Healthy looks different for everyone

Make 2022 all about you! Start the year off right by focusing on your unique health and well-being needs. [Program name], our health and well-being program at [group name], is here to help you achieve your health goals, your way. With a variety of tools and resources right at your fingertips, a healthier you is within reach.

Take action today

1. **Take your health assessment.** It's quick, confidential and takes less than 10 minutes to complete. Plus, you'll get a snapshot of your current health status.
2. **Complete [activity requirement].** By taking your health assessment, you'll unlock well-being activities to help you reach your goals.

Claim your reward

You'll earn [program reward] when you complete your [program requirements] by [deadline]. [If your spouse is covered by the medical plan, they can/must also participate and earn a reward.]

If you have questions about [program name], contact [group contact name] at [number].

Take your health assessment to get started at:
healthpartners.com/wellbeing

For help signing on, call
HealthPartners at **800-311-1052**.

You are receiving this communication on behalf of [group name] [program name]. We have partnered with HealthPartners to offer this health and well-being program to all [group name] employees.

The HealthPartners family of health plans is underwritten and/or administered by HealthPartners Inc., Group Health Inc., HealthPartners Insurance Company or HealthPartners Administrators, Inc. Fully insured Wisconsin plans are underwritten by HealthPartners Insurance Company. 21-1290209-1403986 (10/21) © 2021 HealthPartners