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Sign in at **healthpartners.com/wellbeing** or download the myHP app to get started.

For help signing on, call HealthPartners at **800-311-1052**.

# Well-being activities for every-body

No matter what your ability level is, [program name] has activities to fit your needs. Whether you’d like to focus on emotional health, weight loss, nutrition, physical fitness or something else – there’s something for everyone.

Plus, you can claim [program reward] if you complete [program requirements] by [deadline].