**2022 Health and Well-being**

**Email:** Incentive reminder

**Focus:** Get started on your activities so you have enough time to finish up/HA reminder

**Suggested subject line**: Claim your [program reward] before it’s too late



**Take control of your health**

Your health and well-being needs can change year to year and even day by day. The key is knowing where you’re at and what you need in this moment to live your very best. [Program name] is here to help you learn about your health and address your unique well-being needs one day at a time. Plus, you can earn [program reward] for participating.

Start by taking your health assessment to get a fresh look at how you’re doing in key areas. Then, you can use your results to find out what areas you’d like to focus on and set goals for improvement.

[Start focusing on you](https://www.healthpartners.com/wellbeing-login/) [BUTTON]

Your evolving health needs are a top priority. Be sure to get started right away because some activities take up to eight weeks to complete. To claim your [program reward], you must complete [program requirements] by [deadline]. [If your spouse is covered by the medical plan, they can/must also participate and earn a reward.]

**Questions?**

If you have questions about [program name], contact [group contact name] at [number]. For help signing on, call HealthPartners at **800-311-1052** or [email](https://www.healthpartners.com/wellbeing-registration/wellbeing/contact-us).

*You are receiving this email on behalf of [group name] [program name]. We have partnered with HealthPartners to offer this health and well-being program to all [group name] employees.*

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