Sign in at **healthpartners.com/wellbeing** or download the myHP app to get started.

For help signing on, call HealthPartners at **800-311-1052**.

# Take control of your health

Your health and well-being needs are always changing. The key is knowing where you’re at and what you need to live your very best.

You can even claim [program reward] by completing [program requirements] by [deadline].

Some activities take up to eight weeks to complete so get started right away.