





# Premium Fitness Memberships

 **5,800+ Premium Gym Options**

Choose from premium membership options at exercise studios, outdoor experiences, and others with **20% – 70% discounts** at most locations.\*

With the Active&Fit Direct™ program, you'll also have access to:

-  **12,200+ standard gyms**
-  **9,700+ on-demand workout videos** to stay active at home or on-the-go
-  **Membership options for your spouse\*\***
-  **Flexibility to add or switch gyms with no long-term contracts**

**Learn More:** Visit your organization's benefit website.

**5,800+ Premium Gyms, including:**



\* Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

\*\* Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

M966-566H 06/23 © 2023 American Specialty Health Incorporated (ASH). All rights reserved. The Active&Fit Direct program is provided by American Specialty Health Fitness, Inc., a subsidiary of ASH. Active&Fit Direct and the Active&Fit Direct logos are trademarks of ASH. Other names or logos may be trademarks of their respective owners. Standard fitness center and premium studio participation varies by location and is subject to change. Digital workout videos are subject to change. ASH reserves the right to modify any aspect of the Program (including, without limitation, the Enrollment Fee(s), the Monthly Fee(s), any future Annual Maintenance Fees, and/or the Introductory Period) at any time per the terms and conditions. If we modify a fee or make a material change to the Program, we will provide you with no less than 30 days' notice prior to the effective date of the change. We may discontinue the Program at any time upon advance written notice.