Log on to your *my*HealthPartners account at **healthpartners.com** to find a doctor. Or, download the **myHP** mobile app to search for care on your smart phone.

**You change your oil and rotate your tires to make sure   
your car runs smoothly**

**Why treat your health any differently?**

Regular preventive care is important. It can find and stop health issues early. Most health plans cover preventive care at no cost to you. This includes:

* Vaccines
* Breast, cervical and colon cancer screenings
* Blood pressure, diabetes and cholesterol tests
* Alcohol, tobacco and weight screenings
* Routine pre- and post-natal care
* Well-child visits

**What’s not included?** Non-preventive care. For example, you go in for your annual visit. While you’re there, your doctor treats you for headaches. Because this treatment is not considered preventive, you would get a bill for the service.

Schedule a preventive care appointment with your primary care doctor and make sure your health is running smoothly.