Visit **healthpartners.com/preventive** to find out what’s recommended for you.

**Feeling healthy and happy?**

**You should still see your doctor for regular health screenings**

Even when you feel great, it’s important to get preventive care. Health screenings can help you find and stop health issues early, when treatment is most effective.

Most health plans cover preventive care at no cost to you. What’s not included? Non-preventive care for things like headaches.

Regular checkups make sure you’re getting the care you need to stay healthy for years to come.