**Avoiding a colonoscopy?**

If so, you’re not alone.

But here’s some good news: regular colon cancer screenings help catch cancer early, when treatment is most successful. Plus, most health plans cover preventive care at 100 percent. That means you don’t pay out-of-pocket costs when you go to a clinic in your plan’s network.

If a colonoscopy makes you nervous, ask your doctor about other quick and easy screening options.

Make sure you’re healthy for years to come. Don’t delay. If you’re over 50, schedule your colon cancer screening today.

Log on to your *my*HealthPartners account at **healthpartners.com** to find a doctor. Or, download the **myHP** mobile app to search for care on your smartphone.