**Stay healthy. Get screened.**

Life is busy, but getting routine preventive care is worth the time. Even if you don’t have symptoms, regular health screenings are important. They find and stop health issues early, when treatment is most effective.

And here’s some good news: most health plans cover preventive care at 100 percent. That means you don’t pay out-of-pocket costs when you go to a clinic in your plan’s network.

Schedule an appointment with your primary care doctor to get the care you need to stay healthy for years to come. If you don’t have a primary care doctor, log on to your *my*HealthPartners account at **healthpartners.com** to search for one.

To see which screenings and immunizations are recommended for you, visit **healthpartners.com/preventive** and enter your age and gender.