**Avoiding a colonoscopy?**

If so, consider the FIT.

You may be putting off a colonoscopy for many reasons, but here’s some good news: you have other options. One alternative is the FIT, a stool test you do at home – with no special diet to prepare for it. Learn more at **healthpartners.com/fit**.

Regular screenings help catch cancer early, when treatment is most successful. So schedule your colonoscopy today, or check with your doctor to see if the FIT is right for you.

Log on to your *my*HealthPartners account at **healthpartners.com** to find a doctor. Or, download the **myHP** mobile app to search for care on your smartphone.