Log on to your *my*HealthPartners account at **healthpartners.com** to find a doctor. Or, download the **myHP** mobile app to search for care on your smart phone.

Visit **healthpartners.com/preventive** to find out which preventive care services are recommended for you.

**Sick, but don’t know where to go?**

**Visit your primary care doctor**

Do you have a primary care doctor?

If not, it’s time to get one. When you have a new problem or concern, like a cough, sore throat or fever, they can treat you.

Plus, your doctor knows your health and family history. That means they’re better able to answer your questions and help you figure out the best treatment plan.

## Did you know?

People who have a primary care doctor are more likely to:

* Have better health
* Get the right care, including recommended preventive services
* Use the health care services they need, when they need them