**Have questions or need care?**

Your primary care doctor can help.

A primary care doctor is your main contact in the health care system. Whether you’re feeling icky or at your best, your doctor can help you achieve and maintain your best health.

What does a primary care doctor do?

* Cares for a broad range of physical and mental health issues
* Evaluates and treats new problems or concerns
* Helps manage ongoing conditions, like high blood pressure or diabetes
* Coordinates your care across teams and resources

Log on to your *my*HealthPartners account at **healthpartners.com** to find a primary care doctor. Or, download the **myHP** mobile app to search for care on your smart phone.

Visit **healthpartners.com/preventive** to find out which preventive care services are recommended for you.