

Sign in at **healthpartners.com/signin/livingwell** or download the myHP app to get started.

For help signing on, call HealthPartners at **800-311-1052**.

**What's your why?**

From making new memories with friends to keeping up with the grandkids, the first step in any health journey is discovering your motivation. The next step? Finding what works for you. [HealthPartners Living Well or client program name] has a variety of well-being activities to help you achieve your best health.

You can even claim [program reward] by completing [program requirements] by [deadline]. Some activities take up to eight weeks to complete so get started right away.