Improve your all-around health through oral health

Brushing, flossing and seeing your dentist regularly supports your overall health. And when your dental health needs extra care, HealthPartners MouthWise Matters is here to help with added benefits.

Get added benefits with MouthWise Matters

HealthPartners MouthWise Matters is a benefit that's automatically included in our dental plans to support overall health.

For those living with diabetes or who are pregnant and at risk of gum disease, HealthPartners covers extra checkups, cleanings, root planing and scaling (a deep cleaning) 100% at in-network dentists. You get coverage for these services even if your annual maximum is met.

Learn more about MouthWise Matters

Visit **healthpartners.com/mouthwise**

Discover the dental facts

1. Half of Americans age 30 or older suffer from some type of gum disease.

2. Early treatment of gum disease in pregnant women reduced preterm births by 84%.

3. Diabetics who have their teeth professionally cleaned are better able to control their blood glucose levels.

4. Advanced periodontitis (gum disease) can lead to tooth loss.

5. One study suggests that earlier periodontal treatment reduced overall medical care costs by 9% for diabetes, 16% for heart disease, and 11% for cerebrovascular disease, or stroke.

6. Studies show that early prevention and treatment of gum disease may result in improved outcomes for heart disease and diabetes, often leading to substantial medical-cost savings.

7. Controlling glucose helps prevent complications of diabetes.